



# News Release

*Daily Pandemic Update*  
November 3, 2009

## Central Health provides pandemic update

Central Health will provide a *Daily Pandemic Update* beginning today and continuing until further notice. The update provides information in a number of consistent categories with respect to pandemic influenza in the central region. Today's update is **accurate as of 8:00 a.m., today, Tuesday, November 3, 2009.**

Number of new admissions with influenza-like-illness (ILI)	4
Total number of admissions with ILI	11
Of number of total admissions with ILI, number of patients in ICU	2
Of the patients in ICU, number of patients on ventilator	1

Central Health would like to reiterate that due to the reduced amount of available vaccine, the H1N1 vaccine is currently limited to the following high-risk groups:

- Children six months up to fifty-nine months of age.
- People five years of age up to and including 24 years of age with chronic conditions.
- Pregnant women in the second half of their pregnancy (20 to 40 weeks).
- Parents or other primary care providers (up to two per child) of children under the age of six months.
- Parents or other primary care providers or immunocompromised children and young adults (up to and including 24 years of age) who cannot themselves be vaccinated.
- Pregnant women in the first half of their pregnancy (up to 20 weeks).

Central Health would also like to remind the public that Notre Dame Bay Memorial Health Centre is closed to visitors. In all other health centres and long term care sites, limited visitation restrictions are still in place throughout the region. **Limited visitation** means that the following regulations will be strictly enforced:

- No children under 14 years of age;
- One visitors per resident at a time; and,

- Visitor must be a member of the resident's immediate family.

Please be advised that Central Health will provide another update on this information again tomorrow.

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