

Name: \_\_\_\_\_

CRMS #: \_\_\_\_\_

## Palliative Prognostic Index (PPI)

*A Guide for Health Care Professionals ONLY*

This guideline may be considered to be used when determining the expected length of life in the cancer patient. It may assist the health care professional in planning appropriate care by combining clinical experience with this evidence from the literature.

Factor	Criteria	Value	Max. Poss.	Explanation
PPS	10-20 30-50 60 or greater	4.0 2.5 0	4.0	Determine PPS score
Oral Intake	Severely Reduced (decreased mouthfuls) Moderately Reduced (more mouthfuls) Normal	2.5 1.0 0	2.5	Assess oral intake
Edema	Present Absent	1.0 0	1.0	Edema refers to peripheral bilateral edema-due to low albumin; <b>not from a DVT or CHF</b>
Dyspnea at rest	Present Absent	3.5 0	3.5	
Delirium	Present Absent	4.0 0	4.0	Rule out reversible causes of delirium
<b>Total</b>	-	-	<b>15</b>	

### 3 Groups

### Risk Mean survival +/- Standard error(a)

- |                          |                            |
|--------------------------|----------------------------|
| 1. PPI less than 2.0     | 134 to 155 ± 11 to 20 days |
| 2. PPI 2.0 - 4.0 or less | 89 ± 7 days                |
| 3. PPI great than 4.0    | 18 to 23 ±3 days           |

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Article source : Morita T, Tsunoda J et al. Supportive Cancer Care (1999) 7(3):128-133

(a)Reference : Locke. M & Chow, E ( 2001) Survival prediction: Doctor how long do I have to live? Patient Care Canada 2(12): 46-47

The results have been validated with cancer patients with solid tumor

PPI Level	Date	Time	Location	Completed by Signature/Title