## Central Health Board of Trustees \*\*Report Pebruary 2019\*\*

I'm pleased to share highlights from our February 26th meeting in Grand Falls-Windsor with you.

Director of Maternal Child Population Health, Gina Sheppard, presented on Primary Health Care (PHC).

When we think about health, hospitals and medical treatments come to mind. Health is influenced by a number of things outside the health system—things communities can influence. By taking actions, the wellbeing and health of individuals and communities can be improved. PHC focuses on preventing illness and injuries, and improving health.

Central Health has nine PHC sites, developed with community health assessments, inter-professional PHC teams, Community Advisory Committees (CAC), and local community action plans. CAC initiatives like community gardens, food and fun camps, palliative care volunteer programs, school breakfast programs, and healthy aging celebrations have helped improve the quality of life of community residents.

The External Review Implementation Steering Committee met on February 21st.

Leadership recommendation 4.3 to create a full-time Vice President, Medical Services is moving ahead. Executive search firm—Knightsbridge Robertson Surrette—is assisting with the recruitment of a VP, Medical Services and Chief of Staff. A patient advisor will be part of the recruitment selection committee.

In January, a Central Health Medical Advisory Committee Steering Committee was formed to help move from the current medical advisory committees to one Medical Advisory Committee.

The next open Board meeting is scheduled for March 26<sup>th</sup> in Botwood.

Don Sturge Chair, Central Health Board of Trustees



