



Standing Orders: Palliative Care

Patient: _____ Allergies: _____

Comfort Measures:

- Do Not Attempt Resuscitation, Registered Nurse or Licenced Practical Nurse may pronounce death.
- Registered Nurse may complete Certification of Death **IF** plan has been discussed with physician.
- Paramedic may complete a determination of death.
- Insert Foley catheter PRN and irrigate PRN.
- Oxygen by nasal prongs (2-4 L/min) only if required to maintain comfort.
- Consider Pastoral Care or Social Work referral.
- **Eye Care:** Artificial Tears q1h PRN and Lacri-lube ophthalmic ointment PRN.
- **Mouth Care:** Water or Club Soda on oral sponge q1h PRN; Artificial Saliva q1h PRN.

For Pain or Dyspnea:

Morphine 5 – 10 mg PO q1h PRN **OR** 1 – 5 mg subcut q1h PRN if unable to take PO meds. (To be written on legal prescription pad)

For Congestion / Secretions:

- Glycopyrrolate 0.4 mg subcut q2h PRN (*Less CNS effects)
OR
 Scopolamine 0.6 mg subcut q2h PRN

For Nausea & Vomiting:

- Metoclopramide 10 mg PO / subcut QID PRN
OR
 Haloperidol 0.5 – 1 mg PO / subcut q4h PRN

For Constipation:

1. Sennakot two tabs PO qhs
 2. Magnolax 30 – 60 mL PO OD PRN
- OR**
 Polyethylene Glycol (PEG) 3350 give 17 g daily PRN

Prescriber's Signature: _____ Date(yyyy/mm/dd): _____

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3. If no bowel movement after 3 days, consider:

- Bisacodyl suppository 10 mg PR qhs PRN
- Fleet enema PRN (contraindicated in Renal Failure, Thrombocytopenia, Neutropenia, and Complete Bowel Obstruction)

For Restlessness / Agitation / Delirium:

- Haloperidol 0.5 – 2 mg subcut q1h PRN

For Severe Restlessness / Agitation / Delirium Requiring Sedation, add to above:

- Midazolam 2.5 – 5 mg subcut q30 min PRN
- OR**
- Lorazepam 0.5 – 2 mg subcut q2h PRN

For Other Symptoms:

- For Diarrhea: Loperamide 2 mg PO after each loose bowel movement (max: 12 mg in 24 hours)
- For Hiccups: Chlorpromazine 12.5 – 25 mg PO q6h PRN
- For Cough: Formulary cough suppressant 5 – 10 mL q4h PRN
- For Sleep: Oxazepam 15 – 30 mg PO qhs PRN
- For Itch: Atarax 25 mg PO q4h PRN
- For Heartburn / Indigestion: Diovol or liquid antacid equivalent 30 ml PO q4h PRN
- For Pain / Fever: Acetaminophen 650 mg PO / PR q4h PRN

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