



Art Contest

In recognition of Mental Illness Awareness Week (October 2-8, 2022)

ENTRY FORM

The top three winners will each receive a cash prize of \$100.00

Contest Rules and Regulations:

This contest is open to anyone with lived or living experience of mental illness in the Central region of Newfoundland and Labrador and those who have been impacted by mental illness in their personal lives. It aims to eliminate the stigma associated with mental illness by showcasing the talent and creativity of individuals who have lived experience. Individuals are encouraged to submit visual artwork depicting their life experiences.

Participants may submit **only one entry**.

The contest opens **October 3, 2022** and closes **December 2, 2022**. All entries must be received by **4:30pm on December 2, 2022**. Entries will be judged on originality and creativity.

The top three winners' art will be used in health promotion activities and featured on posters that will be distributed throughout Central region. All entries may be displayed in local Mental Health and Addiction offices in the region. **Entries will not be returned unless specifically requested.**

To be eligible, each entry must:

- Be accompanied by an entry form
- Be either a painting, drawing, photo, or sample of a larger art project
- Arrive at Mental Health and Addiction office by **4:30pm on December 2, 2022**.

Contact:

Laura Vardy BA, BSW, RSW
Regional Mental Health Promotion Consultant
Mental Health and Addictions Services
36 Queensway - c/o 50 Union Street
Grand Falls-Windsor, NL, A2A 2E1
Telephone: (709) 489-4181

ENTRY FORM

Name:
Mailing Address:
Telephone No.:

VISUAL ART ENTRY FORM

Title of your artwork:
Type of media (oil, acrylic, watercolor, photo, etc.):

I have read the contest rules and regulations for the STARS Art Contest. I understand that I must be a mental health consumer or have lived experience with mental illness, in order to enter this contest. By entering this contest, I give Central Health permission to feature my artwork during health promotion activities; on posters that will be displayed throughout Central region; and on the website, Bridge the gapp (<https://nl.bridgethegapp.ca/>).

Signed,

(Your name)

(Date)

MENTAL HEALTH AND ADDICTION OFFICES IN CENTRAL REGION

James Paton Memorial Regional Health Centre 125 Trans-Canada Highway Gander, NL A1V 1P7	Grand Falls-Windsor Community Health Building 36 Queensway, c/o 50 Union Street Grand Falls-Windsor, NL A2A 2E1
Lewisporte Community Health Centre P. O. Box 1209, 394-412 Main Street Lewisporte, NL A0G 3A0	Notre Dame Bay Memorial Health Centre Hospital Lane Twillingate, NL A0G 4M0
Dr. Y.K. Jeon Kittiwake Health Centre/Bonnews Lodge P. O. Box 209 Badger's Quay, NL A0G 1B0	Centre Health (CNA Building) 292 Main Street, P. O. Box 597 Springdale, NL A0J 1T0
St. Alban's Community Health Centre 4 Cromier Ave, P. O. Box 490 St. Alban's, NL A0H 2E0	Baie Verte Peninsula Health Centre 1 Columbus Drive Baie Verte, NL A0K 1B0
Fogo Island Health Centre, P. O. Box 9 Fogo, NL A0G 2B0	ODT (Opioid Dependency Treatment) Clinic 2 nd Floor, McCurdy Complex 1 Markham Place Gander, NL A1V1W7
Dr. B. Adams Community Health Center P.O. Box 420 Gambo, NL A0G 1T0	Dr. C.V. Smith Memorial Health Centre PO Box 9, Glovertown, NL A0G 2L0