

Central Health Board of Trustees

Board Chair Report

I'm pleased to share highlights from our May 22nd open meeting in Lewisporte with you.

A sincere thank you to both Central Northeast Health Foundation and South Central Health Foundation for successful Mother's Day Radiothons in support of cardiac care and mental health. A heartfelt thanks to all who gave to support local health care.

Central Health's person- and family-centred care approach means we work **with** clients, patients, and their families, rather than doing things **to** or **for** them. It means dignity and respect, information sharing, participation, and collaboration. Client Services Manager, Cheryl Peckford, shared recent changes to physiotherapy scheduling in Lewisporte long-term care. Sessions are now done in the activity room instead of at the bedside, and families are aware of the schedule in advance. This helps families plan visits and participate in the sessions.

Long-term care Director, Mimie Carroll, highlighted the role and benefits of the ten Nurse Practitioners on our LTC team. They've helped decrease the number of admissions to acute care, de-prescribe medications, decrease falls, and improve overall happiness of residents and their families. Did you know that since 2017, 25 residents have been discharged home with supports or to personal care homes?

CEO Andrée Robichaud talked about employee, physician, and community engagement in strategic planning. Look for online surveys and community engagement sessions over the next few months.

I presented at a digital health forum in Grand Falls-Windsor during Innovation Week. We discussed telehealth opportunities to increase and enhance digital health care services, and the good value in these digital telehealth services—including video conferencing, eConsults, automated medical appointment reminders, and more.

The next open Board meeting is scheduled for 4:00 p.m. on June 18th in Fogo.

Don Sturge
Chair, Central Health Board of Trustees

