

CBSP staff are available for community presentations on:

- ◆ Community Behavioural Services Program (CBSP)
- ◆ Behavioural Basics Training
- ◆ Fetal Alcohol Spectrum Disorder (FASD) & Behaviour
- ◆ Autism Spectrum Disorder (ASD) & Behavior
- ◆ Attention Deficit Hyperactivity Disorder (ADHD) & Behaviour
- ◆ Self-Injurious Behaviour
- ◆ Parenting Skills
- ◆ Sexuality & Intellectual Disability
- ◆ Non-Violent Crisis Intervention

...and many more.



ADDITIONAL INFORMATION

If you require additional information about this program, please contact a Behaviour Management Specialist in your area.

| | |
|---------------------|--------------|
| Gander | 709-651-6241 |
| Grand Falls-Windsor | 709-489-8161 |
| Botwood | 709-257-4900 |
| Lewisporte | 709-535-0905 |
| St. Alban's | 709-538-3738 |
| Springdale | 709-673-4974 |

OR

Program Manager
3 Bell Place, 1st Floor
Gander, NL A1V 2T4
Tel: 709-651-6280



Central
Health

**Community Behavioural
Services Program
(CBSP)**



**Behavioural Support
for Persons with
Intellectual Disabilities**

Community Behavioural Services Program (CBSP)

Program Description & Philosophy

CBSP....

- ◆ Is a free, voluntary, community-based program
- ◆ Supports persons with Intellectual Disabilities and behavioural difficulties at home and in the community
- ◆ Promotes the right to choice
- ◆ Includes the individual and caregiver in the development of behavioural programs
- ◆ Focuses on why the behaviour occurs
- ◆ Uses positive programming techniques

Program Goals

CBSP....

- ◆ Develops behavioural intervention programs
- ◆ Enhances socially acceptable behaviors
- ◆ Promotes community inclusion
- ◆ Uses evidence based strategies

Service Eligibility

CBSP is available to people who....

- ◆ Are school age and older
- ◆ Have a clinical diagnosis of Intellectual Disability; (some exceptions apply)
- ◆ Display severe behavioural difficulties

To be eligible for service, all of the above requirements should be met and the person/caregiver must consent to the referral.

Behaviour Management Specialist (BMS)

BMS....

- ◆ Is responsible for CBSP delivery
- ◆ Is trained in functional behavioural analysis and positive programming
- ◆ Makes regular home visits
- ◆ Develops a Behavioural Support Plan (BSP) outlining behavioural goals
- ◆ Consults with other professionals such as, employment agencies, speech language pathology, etc
- ◆ Promotes self-advocacy
- ◆ Assists the family in accessing community resources
- ◆ Provides training and education for families and support staff
- ◆ Provides educational sessions for community groups.

