

Smoke Free

Please remember that all Central Health sites are smoke-free.



Please do not smoke while visiting Central Health sites.

Thank you!



► Diagnostic Imaging

James Paton Memorial Regional Health Centre,
125 Trans Canada Highway,
Gander, NL A1V 1P7

Central Newfoundland Regional Health Centre,
50 Union Street,
Grand Falls-Windsor, NL A2A 2E1

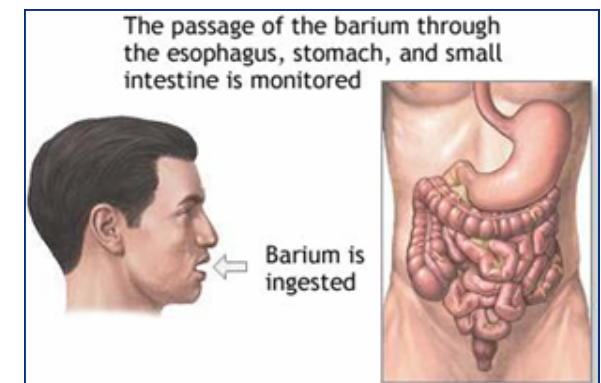
CH-DI 002

Diagnostic Imaging



Central Health

Having an upper GI series



Smoke Free

Please remember that all Central Health sites are smoke-free.



Please do not smoke while visiting Central Health sites.

Thank you!



► Diagnostic Imaging

James Paton Memorial Regional Health Centre,
125 Trans Canada Highway,
Gander, NL A1V 1P7

Central Newfoundland Regional Health Centre,
50 Union Street,
Grand Falls-Windsor, NL A2A 2E1

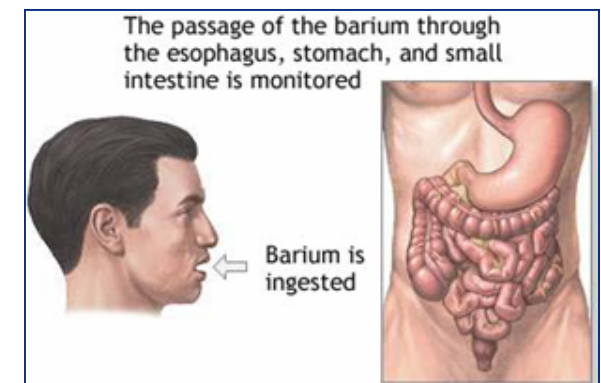
CH-DI 002

Diagnostic Imaging



Central Health

Having an upper GI series



Diagnostic Imaging - U.G.I . Series with small bowel follow-through (also called barium meal)

This examination of your upper digestive tract (oesophagus, stomach, duodenum and small bowel) will be done by a radiologist and a nationally certified technologist, who is an expert in the use of x-ray equipment. A radiologist is a physician specializing in medical diagnosis by x-ray,

Preparation and procedure

It is very important to fast (this includes not gum chewing) after 12:00 midnight on the night before your examination.

For this examination, you will be asked to remove your clothing and wear a gown. After you have been positioned on the x-ray table, the technologist will ask you to swallow a small vial of gas-producing powder. Be careful not to burp during the examination because the gas produced in the stomach is important to the success of the study. A cup containing a liquid Barium mixture will be given to you to drink. This liquid, flavoured like a milk shake, allows your digestive tract to be seen during this examination. Drink from the cup only when the radiologist tells you.

You will be asked to turn from side to side and to hold several different positions. At times, some pressure may be applied to your abdomen and the table may be tilted. From time to time, you will be asked to remain perfectly still and to hold your breath so that x-rays can be taken.

Sometimes, after the radiologist has taken x-rays of selected areas, the technologist will position another piece of equipment over you to take x-rays of your entire digestive tract. Occasionally you may have to return several times to the Diagnostic Imaging Department for more x-rays.

The examination takes approximately 10 minutes unless further x-rays are required. If further x-rays are necessary this could take hours.

It is advisable to drink additional fluids (e.g., orange juice) and eat food containing fibre (e.g., bran cereal and bran muffins) for a few days after the barium meal.

Please note: *If you have any further questions, please contact your healthcare provider, radiologist or technologist at the site where your test is scheduled before your examination.*

Diagnostic Imaging - U.G.I . Series with small bowel follow-through (also called barium meal)

This examination of your upper digestive tract (oesophagus, stomach, duodenum and small bowel) will be done by a radiologist and a nationally certified technologist, who is an expert in the use of x-ray equipment. A radiologist is a physician specializing in medical diagnosis by x-ray,

Preparation and procedure

It is very important to fast (this includes not gum chewing) after 12:00 midnight on the night before your examination.

For this examination, you will be asked to remove your clothing and wear a gown. After you have been positioned on the x-ray table, the technologist will ask you to swallow a small vial of gas-producing powder. Be careful not to burp during the examination because the gas produced in the stomach is important to the success of the study. A cup containing a liquid Barium mixture will be given to you to drink. This liquid, flavoured like a milk shake, allows your digestive tract to be seen during this examination. Drink from the cup only when the radiologist tells you.

You will be asked to turn from side to side and to hold several different positions. At times, some pressure may be applied to your abdomen and the table may be tilted. From time to time, you will be asked to remain perfectly still and to hold your breath so that x-rays can be taken.

Sometimes, after the radiologist has taken x-rays of selected areas, the technologist will position another piece of equipment over you to take x-rays of your entire digestive tract. Occasionally you may have to return several times to the Diagnostic Imaging Department for more x-rays.

The examination takes approximately 10 minutes unless further x-rays are required. If further x-rays are necessary this could take hours.

It is advisable to drink additional fluids (e.g., orange juice) and eat food containing fibre (e.g., bran cereal and bran muffins) for a few days after the barium meal.

Please note: *If you have any further questions, please contact your healthcare provider, radiologist or technologist at the site where your test is scheduled before your examination.*